

Extracurricular Activity

Decision-making Tree: 27 October to 23 December 2020

Introduction

This document is a tool which should be used to determine which activities are permitted or not permitted in an extracurricular context. The decision-making trees on the following two pages describe the process for reaching a conclusion, firstly for indoor activity and secondly for outdoor. The trees allow us to draw conclusions for any given activity in this complex area of extracurricular activity (ECA).

This document aims to support school-reopening and is part of an incremental process of safely reintroducing ECA for our children and young people. A Glossary of Terms on the last page defines the wording on each tree.

Guiding Principles

Where an activity is **permitted** this is subject to the following being in place:

- A school-based risk assessment (may need to be completed in liaison with partner organisations)
- The activity following appropriate guidelines
- Cleaning protocols are in place where required
- School grouping structures (bubbles) are retained
- For contact/non-contact activities approval for these must follow CEC PE Guidance. Contact in other areas such as Expressive Arts should also refer to PE Guidance.
- Contact guidance is followed – where staff can have direct contact with up to two ‘contacts’ per day. A single contact is defined as one child, a group of children, a class, year group (secondary schools), a single member of staff, a group of staff, a parent or carer, a family group.

NB Schools can supplement CEC ECA and SORT Guidance with specific governing body or equivalent advice however this should not replace or undermine CEC ECA and SORT Guidance.

We are following national guidance to ensure we maintain the highest possible standards of safety for your children. The current position and principles regarding ECA are as follows:

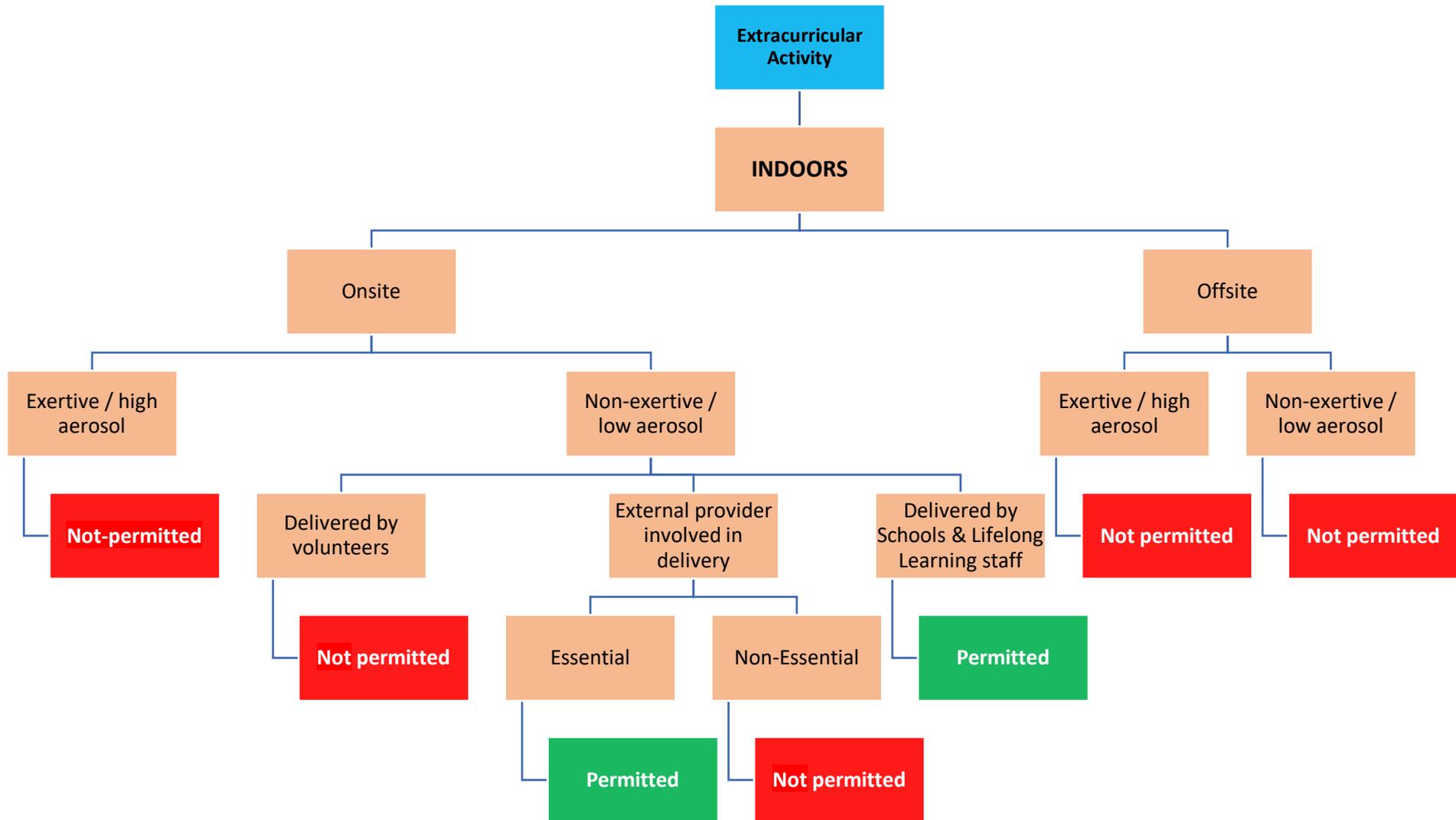
- It is essential for Literacy, Numeracy, Health & Wellbeing
- It is important for the young person’s learning, development and wellbeing i.e. on a young person’s plan and can be justified using appropriate mitigations
- It is something that can safely be commenced because the R number suggests it is safe to do so following relevant guidance

Further guidelines for ECA are currently being considered based on the latest guidance from Scottish Government, (industry bodies, national governing bodies) Education Scotland and members of the Education Recovery Group. As with all guidelines at present, there is a need to look at the overall scientific advice which is current and relevant.

We will update schools and partners as and when further guidance is issued.

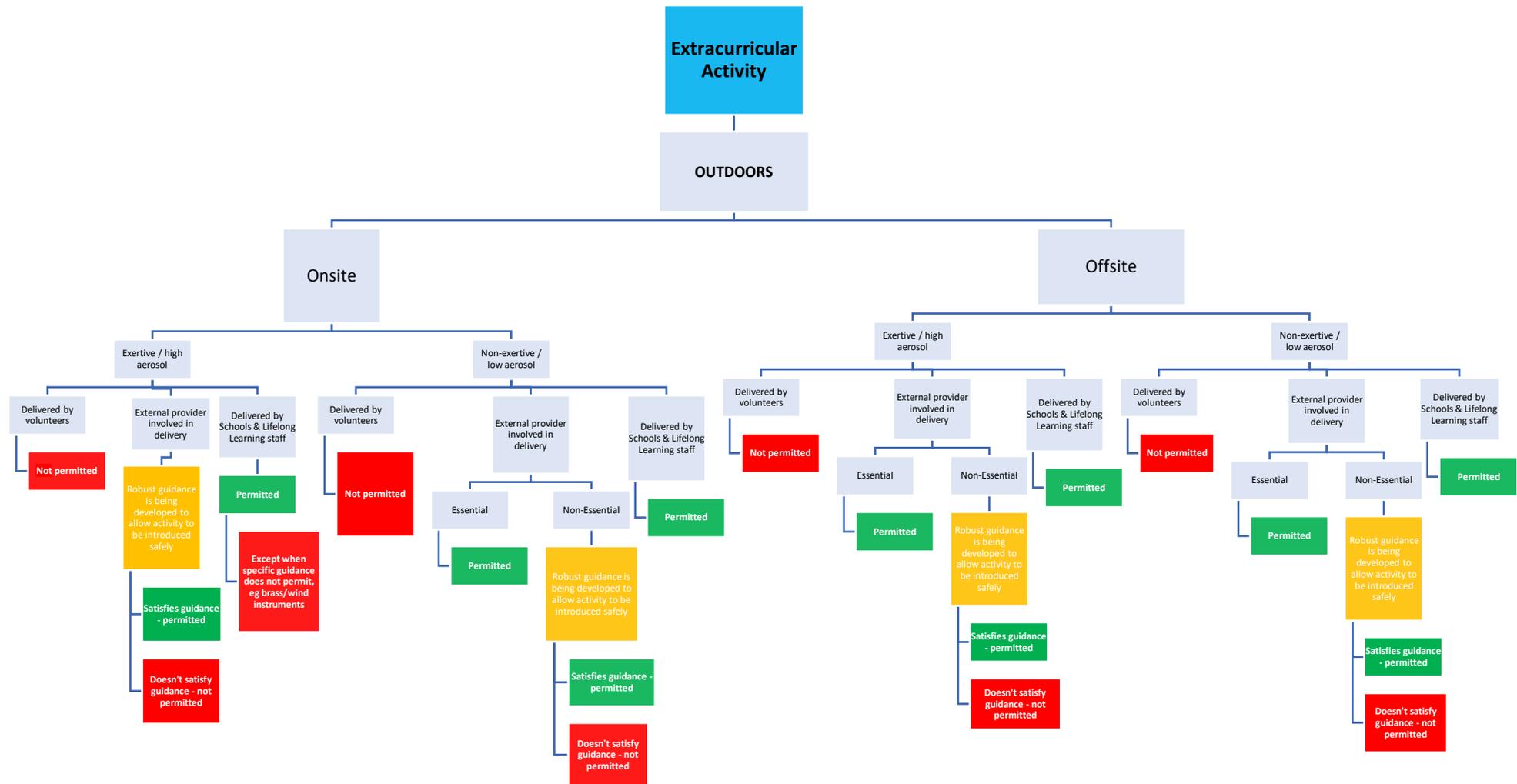
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Glossary of Terms

Term	Definition
Extracurricular Activity	Council activity beyond the standard school day / week and school curriculum (indoors/outdoors and onsite/offsite): - weekdays before school curriculum time e.g. secondary school running club. - weekdays after school curriculum time (up to 18:00) e.g. after-school sports clubs - lunchtimes e.g. dance class arranged specifically for Muslim girls who couldn't stay beyond school day, chess club, orchestras and choirs, wider achievement courses - weekends e.g. Duke of Edinburgh's Award day expeditions; school football team practice sessions; Screen Education Edinburgh accredited and non-accredited film-making courses. (This is not an exhaustive list).
Onsite	Within your school boundary
Offsite	Beyond your school boundary (including other CEC property)
Exertive / high aerosol	Activity that: <ol style="list-style-type: none">1. significantly increases individuals' resting or walking breathing rate and/or generating sweat, including exercise, dance and workouts, and/or2. Where voice or breath is projected at speed and carried over distance e.g. loud talking e.g. drama, singing or playing a brass or wind instrument
Non-exertive / low aerosol	Activity that: <ol style="list-style-type: none">1. Does not significantly increase individuals' resting or walking breathing rate and/or generating sweat and/or2. Where voice or breath is not projected at speed or carried over distance
Volunteer	A CEC approved and unpaid individual recruited for a specific CEC activity
External provider	Any CEC approved organisation out with CEC instructed to support or lead CEC activity
Essential	Necessary to support a child's safety, health & wellbeing and/or access to education
Non-Essential	Not necessary to support a child's safety, health & wellbeing and/or access to education